

Veterans Recovery Resources: Providing Trauma-Informed Care with a Community-Based Integrated Behavioral Health Approach

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CLINICAL SCHOLARS

MISSION

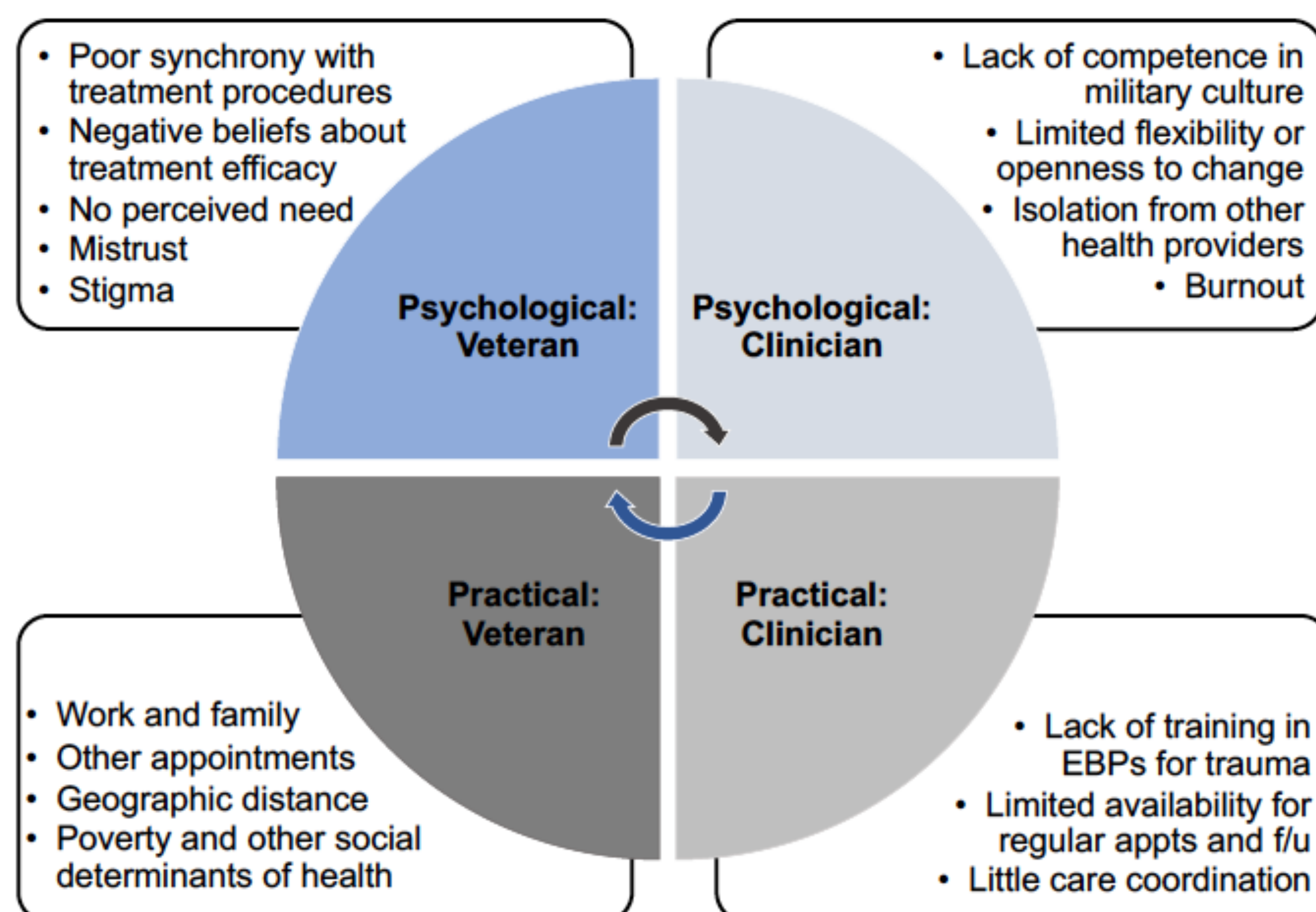
Remove barriers to high-quality and compassionate mental health services for Veterans and their families who are struggling with SUDs, PTSD, and other common co-occurring conditions.

BACKGROUND

Limited availability of culturally-sensitive and effective mental health care options for Veterans represents major public health issue in South Alabama:

- Estimated 64,000 Veterans residing in the 8-county region (10% of region population)
- Up to half struggling with SUDs, PTSD, and/or other co-occurring health conditions
- Less than half of those with a probable need for treatment access existing care options
- Limited engagement in treatment and premature dropout are norm when services utilized
- Many Veterans not eligible for VA Health Care and lack health insurance or other resources

Barriers to Trauma-Informed Care for Military Veterans in South Alabama



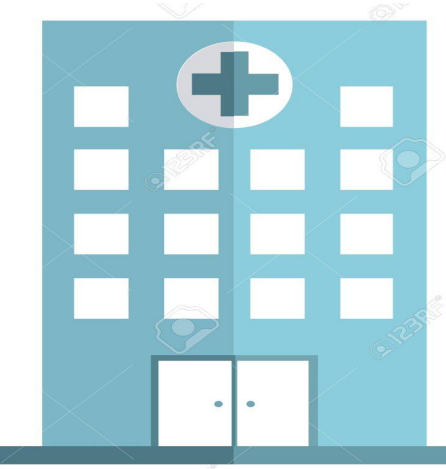
Clinical Framework

Phases	(#1) Safety & Stabilization	(#2) Revisit & Heal	(#3) Belonging & Meaning
Health Domain	Physical, psychological, environmental	Psychological	Relational, spiritual
Setting	Residential Program Outpatient Clinic		
Clinical Services	Primary Medical		
	Individual Therapy / Counseling		
	Group Therapy		Group Therapy
	12-Step Program		12-Step Program
	Therapeutic Support, PT, OT		Therapeutic Support, PT, OT

Peer Support Services Every Step of the Way

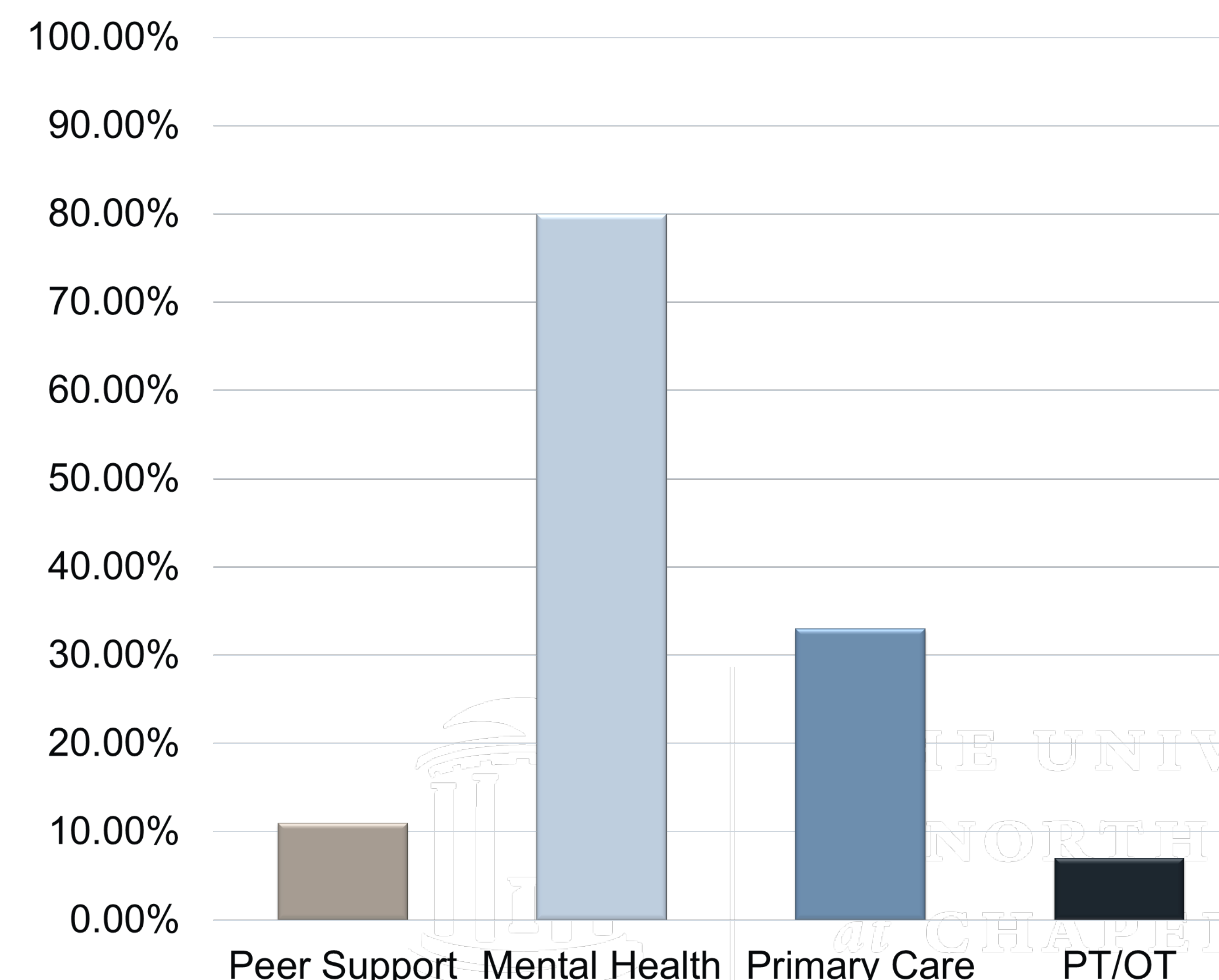
Healthy, Fun, Physical Community & Volunteer Activities

Partnerships



SERVICES PROVIDED

Total of 217 Veterans, first responders and family members engaged in services in VRR outpatient clinic between November 2018 and March 2020.



LESSONS LEARNED

- Our culture and mission continue to set us apart
- Social Determinants of Health are key elements in our decision-making processes
- Too much training; too little time
- Grant funding is necessary for program development and sustainability
- Long-term community partnerships are essential to our continued success

NEXT STEPS

- Expansion of our peer support training and services
- Commencement of the Intensive Outpatient program and residential facility
- Ongoing training and development of board members, clinicians and staff
- Development of trauma-informed care framework