

Addressing Risk for Depression and Unmet Social Needs among Immigrant Latina Mothers



Cohort:
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Team Members:
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Location:
Baltimore, Maryland

Focus Areas:
Behavioral and Mental Health
Immigrants & Refugees
Maternal & Infant Health

Wicked Problem Description

We will target the “Wicked Problem” of unaddressed mental health and social needs in limited English proficiency (LEP) immigrant Latina mothers of young children.

Project Strategies

We propose to adapt, pilot, and plan for the sustained delivery of an evidence-based, group mental health support program enriched with assistance addressing unmet social needs for LEP immigrant Latina mothers in the setting of state-funded “Early Learning Hubs” (Judy Centers) within Baltimore City Public Schools. The proposed intervention will be co-delivered by a clinician and a community health worker (CHW).